



YRC Annual Report 2018 – 2019

On 27th August, 2018, Youth Red Cross Orientation programme was organized at Patrician College of Arts and Science. Prof. R. Manickam, the District Secretary IRCS, Kanchipuram and Vice Chairman IRCS was the Chief Guest. Principal Dr. Joseph Durai inaugurated the club for the academic year 2018-2019 along with the Vice Principal Dr. Geetha Rufus.

The Chief Guest Prof. R. Manikam, encouraged the students to do voluntary work and save the planet. He also spoke about how to save life of humans and all living beings by showering our care and timely help. He also spoke on First Aid, which is vital for saving lives. A person can carry out First Aid after a life-threatening incident or injury before the arrival of emergency services. The aims of First Aid are to preserve life, prevent harm and promote recovery.



YRC Orientation Programme for the academic year 2018-2019

On 18th September, 2018 Youth Red Cross organized first aid training for 70 YRC students. The chief guest Dr. Gowtham, the senior Registrar from the Department of Emergency Medicine, Gleneagles Global health city Hospital along with a paramedical staff from the emergency department demonstrated how CPR which is vital for Cardiac arrests and heart attacks can be used.



CPR Training for YRC Volunteers

In First Aid, ABC stands for airway, breathing, and circulation. The recovery position helps minimize further injury. CPR stands for cardiopulmonary resuscitation. It helps to maintain the flow of oxygenated blood. While doing chest compressions, you may hear cracks. He explained that it was absolutely normal. Students were encouraged to volunteer for First Aid during emergencies.

He also spoke as to how students should be on war foot and help the nation when it is required and also reiterated that young bloods should take over the nation to build a united India.