



PATRICIAN COLLEGE OF ARTS **AND SCIENCE**



Department of Social Work

2015-2016

SOWERS

Working with Individuals

Working with groups

Working with Communities

LIST OF PROGRAMS

1	WORLD BREAST FEEDING WEEK
2	RURAL CAMP
3	POST CARD SIGNATURE CAMPAIGN ON ELIMINATION OF CHILD LABOUR
4	FORUM INAUGURATION
5	STUDENTS FOR A FREE TIBET
6	STUDY TOUR
7	WOMEN CELL PROGRAM

1. Awareness Programme on Deaddiction

Date: 24.6.2015

Time: 9.00 am to 1.00 pm

Participants : 2nd years and 3rd years and PG students

Resource Person: Dr.Adithi and Team from T.T. Ranganathan Clinical Research Foundation, Adyar



Dr.Adithi and Team from T.T. Ranganathan Clinical Research Foundation, Adyar



Program Banner

Alcoholism is not the problem of a single individual. If it is not dwelt with it will become the problem of the society or the entire community. What starts as one person's problem, spreads and becomes a social issue. Alcoholism leads to violence, theft and insecurity. The focus of the program was to enlighten the students on the social repercussions of alcoholism. The outcome of the program was to create optimism among students and not to drink for the pleasure of drinking and to forget the problems they need to face. The students were provided with hope and confidence and reassurance that the individual attitude will enhance his quality of life without drugs.

1. World Breast Feeding Week

Date: 03.08.15

Time: 10.00 am to 11.15 am

Participants : 1st years and 2nd years

Resource Person: Dr.Uma and Dr.Girija of Child Trust Hospital, Chennai



Dr.Uma and Dr.Girija of Child Trust Hosp for the lecture on Breast feeding

The reason behind to select the topic was because August first week is dedicated to World Breast feeding week, and Social work department took the opportunity to invite Dr. Uma and Dr. Girija, Child Trust Hospital, Chennai to deliver the lecture for the Department Students. In the lecture she put forward few important things that breast feed is a divine food like how God said about Manna. Breast feed is also a divine food for the rich and poor it is same. First Milk of the Mother is ten times powerful than Neverapine medicine which is given for HIV/AIDS mothers to give birth to a negative child.

Fathers should be given responsibilities and they should be at present when the woman delivers a baby and then only they knew the difficulties the woman face during the child birth process. Breast milk is a great Nutrient and prevention from illness and best food. The child should be fed for minimum 18 to 20 months. After 6 months they should be given solid foods or supplementary foods.

Students are advised to be ambassadors to educate women on Lactation and importance of Breast feed to slum women and rural women to the educated women too. Women in the cities are considered they lose their charm and the size of the breast will sag and these taboos should be removed. The cultural taboos should also be removed and the block in the minds of women should be addressed and the formula feeds should be stopped and Breast Milk should be made the best feed to the next generation.

2. post card signature campaign on elimination of Child Labour

Date: 12.06.2015

Time: 11.30 to 12.00

Participants : 1st years and 2nd year MSW students and St.Michaels school, 8th and 9th students

Resource persons: Staff of MSW and Jeevajyothi NGO.

The social work department took an initiative to campaign against elimination of child labour. The program was to make the students realize the importance of child rights and education is a birthright and all children should know that. The Resource person from an NGO, JeevaJyothi gave a informative talk. Later, To create awareness among school students, the department of social work took up the challenge to initiate postcard campaign. The post cards were sent to President's Office in New Delhi.



Br.Dr.Arokia Raj, the Director of Patrician College participating in Child labour campaign in Patrician College



Signing the poster to eradicate Child Labour



Group photo of the signature campaign participants in college campus

3. Sowers Forum Inauguration

Date: September 2nd 2015

Time :10.30am to 1.30pm Participants : BSW,1st Msw an 2nd Msw students



Forum was inaugurated by Mr. Sachidanantha Vallan Michael, the Repatriate officer of UNHCR Bro.Dr.Arokiaraj,Principal Dr.Fatima Vasanth and Vice-Principal Dr.Geetha Rufus and HOD of social work Department, Dr.Angeline were present on the dais.



The Headmaster of the Government school was also felicitated by the Principal.

Earlier, On 08-08-2015 FORUM program started with the introduction by Ms. Vidhya President of SOWERS club and all the captains introduced themselves & they welcomed 1st yrs. And it was continued by Ms. Usha Jose, staff and coordinator of Forum, regarding the activities of FORUM. Students came out with lots of ideas:

- Guest lecture
- Inauguration & Angadi on (27th Aug) at 11.00am
- Awareness program on Organ Donation
- Competitions in St. Louis school for students
 - Drawing - Deaf & Dumb
 - Singing – Blind
- Fund Raising programs
 - Theatre
 - Games
 - Photo shoot

On 2nd September 2015, the Forum was inaugurated by Mr. Sachidanantha Vallan Michael, the Repatriate officer of UNHCR , Bro. Dr. Arokiaraj, Principal Dr. Fatima Vasanth and Vice Principal Dr. Geetha Rufus were present and were felicitated by the department.

Mr.Vallan spoke about the concept of connecting to the people and the role of commitment to the core was considered to be the upmost goal of any social worker. A social worker should always be connected to people and their needs and problems are to be considered as priority and settle their issues. Organizing community and their commitment also should be recorded and do with a collective effort was the important message given to the students. Earlier, competitions were held in a nearby Government school. The students of 9th and 8th standard participated in Drawing and elocution competition and the winners were given prizes on the inaugural function of the Forum. The 1st MSW students performed Mime show on women empowerment as part of the forum inauguration.





Mime photos of 1st MSW students on Women Empowerment

4. Students For A Free Tibet

Date: 03.08.2015

Time : 10.00am

Participants: 1st and 2nd MSW students

Resource Person: Jyotsna Sarah and Team from SFT

SFT-India is the India National Network of students for a free Tibet International, which has 650 chapters in more than 35 countries. The team was fighting for a free Tibet and for fundamental Rights. They were slaves in their own country. They were denied political, religious, cultural, social and economic rights. The team also documented a documentary of the situation in Tibet and it was displayed in the department. The real picture was felt and students were asked to support the shop for a cause on facebook.

5. Rural Camp

Murugapattu Village in Vellore District was chosen for the Ruiral Camp that was conducted from 30th Sept to 7th October 2015 The Staff Coordinators : Dr.Parthasarathy & Usha Jose



Medical checkup was held and MSW students with the Medical team in the village



Puppets were used to educate the community



Principal, The Block Development Officer, Dr. Angeline (HOD) advising the students in the camp.



Students demonstrating Dengue infection and making the women to empty all vessels which is kept open



Block Development Officer Mrs.Elizabeth, Panchayat Leader and Principal Dr.Fatima Vasanth during the Prize distribution for the sports event



Students take survey to know the needs of the people in the village

Rural camp is to provide true experience and an opportunity for young students to study the socio economic realities and cultural conditions of Rural life. For 1st year students it is an integral part of the curriculum. It is conducted in the most backward and neglected areas of the state. The students are encouraged to organize and carry out various programs, spending time with rural people, understanding their life style, conducting awareness sessions and in the process learning their life style As per the academic requirement, the first year MSW students need to go for a rural camp for 8 days to a village in Tamil Nadu. The main objective of the camp is to expose the students in understanding of the rural social structures and cultural processes with special reference to specific groups experiencing poverty and deprivation. The students will do need based awareness programs for the community there.

6. Study Tour

The final year MSW students went to Mysore, Bengaluru, and Hosur from 09-10-2015 To 17-10-2015. Students visited different industries and NGOs in all these places. The exposure gave students a larger networking and an idea of social work interventions in other areas. Institutions

like ISI, Aneka (working for transgenders), Ashok Leyland were visited.